



Parenting Checklists

Travel with Children

Baby (up to 18 mos.) Carry-on:

- Baby Food
- Bibs
- Blanket (one or two)
- Bottle & Formula
- Change of Clothes
- Changing Mat
- Diaper Cream
- Diapers & Wipes
- Pacifier or teething toy, etc.
- Spoon & Dish
- Umbrella Stroller
- Wet Washcloth

Toddler (18 mos. to 3 years) Carry-on:

- Blanket
- Bottle or Drinking Cup
- Change of clothes
- Doll or Stuffed Animal
- Favorite Snack
- Favorite Story Book
- Jacket or Sweater
- New Small Toy
- Training Pants or Diapers
- Wet Washcloth

Young Children (4 to 8 years) Carry-On:

- Change of Clothes
- Crayons & Coloring Book
- Doll or Stuffed Animal
- Jacket or Sweater
- New Small Toy
- Personal Stereo w/headphones & tapes or CDs
- Snacks
- Story Book

Older Children & Teens (9 years & up) Carry-on:

- Books
- Clean Shirt
- Game Boy
- Jacket or Sweater
- Journal w/pens & pencils
- Personal Stereo w/headphones & tapes or CDs
- School Books
- Snacks
- Toothbrush & Toothpaste
- Travel Guide