



Parenting Checklists

Busy Bag

A Busy Bag will help you be prepared for those times when you have to wait at the doctor's office, hairdresser's, or restaurant. Turn a drawstring bag or backpack into a take-along Busy Bag that contains items like:

- an edible necklace
- a favorite toy
- stuffed animal or blanket
- magnets and small metal cake pan
- matchbox cars
- simple wooden puzzles
- special snacks
- stickers and a sticker book or a plain notebook
- activity/coloring books
- crayons/washable markers