



Parenting Checklists

Back to School

To do:

- Complete registration
- Get all recommended immunizations
- Determine the school dress code
- Request a list of necessary supplies from the school
- Meet the teacher
- Tour the school
- Help your child memorize your home phone, work phone, and home address
- Arrange transportation, designate a safe meeting spot, and practice the routine
 - If walking, walk your child to and from school a few times
 - If carpooling, introduce your child to all carpool drivers
 - If riding the bus, determine times and bus stops
- Arrange for daycare if necessary
- Plan a menu for breakfasts, packed lunches, and after-school snacks
- Establish a homework location and schedule
- Prepare a school calendar of all important events
- Slip a note or photo into your child's bag, for reassurance on their first day

To purchase:

- Clothing and shoes
- Backpack
- Lunch box
- Supplies from school list (School books, Pens, pencils, crayons, markers, Pencil sharpener, Binder, Binder paper, Notebooks, Safety scissors, Ruler, Glue, etc.)